#### REGISTRATION

Registration information can be found online at: spu.ums.edu.my/bqol

CATEGORIES	FEES (RM)	TICK (√)
EARLY BIRD		
Local	450.00	
International (USD250.00)	1, 050.00	
Student	300.00	
NORMAL RATE		
Local	550.00	
International (USD300.00)	1, 200.00	
Student	400.00	

#### The registration fees include:

- Access to conference sessions
- Access to poster sessions and book of abstracts
- Refreshments as advertised in the program

#### **METHOD OF PAYMENT**

Please prepare your Cheque / money order / postal order / bank draft / LPO / Credit Card payable to "BENDAHARI UMS' and post it to us with your registration form. Or send fees by telegraphic transfer (TT) to the following account and return your registration form to us by post.

**Account holder: UNIVERSITI MALAYSIA SABAH** 

Account no: 510013024241
Bank name: Maybank

Branch: Jalan Pantai, Kota Kinabalu, Sabah

Bank Swift Code: MBBEMYKLXXX

Payment should be made by **31/10/2017** either electronically or by bank draft or cheque. Payment must be made by **31/10/2017** to be eligible for the **early bird rates**.

Please state in your TT application form that this fund is for the

'1st Borneo Quality of Life Conference'

Participant please email to Ms Mary Dulin (maryd@ums.edu.my) with a scanned copy of payment.

Contact person for payment: Ms Mary Dulin (maryd@ums.edu.my) and kindly bring the proof of original payment to registration counter on first day of workshop would be much appreciated

#### **CONTACT US**

## Secretariat Borneo Quality Life Conference,

Faculty of Medicine & Health Science, Universiti Malaysia Sabah, UMS Road, 88400 Kota Kinabalu, SABAH, MALAYSIA

Tel:+ 6016 8320 204 - Madam Lidiawati Arifin,

Tel:+ **6013 5448 823 – Madam Starrine** 

Tel:+ 6016 8289 448 - Madam Mary Dulin

# Official Email: bqolconf@gmail.com

#### **ACCOMMODATION**

Participants are requested to make their own accomodation arrangements.

The Klagan Regency Hotel	www.theklaganregency.com (4.0 km to the conference venue. 10 min)
Courtyard Hotel	www.courtyardhotel1borneo.com (4.0 km to the conference venue. 10 min)
Tune Hotel	www.tunehotels.com/KotaKinabalu (4.0 km to the conference venue. 10 min)

For more information about other accommodation in Kota Kinabalu City and their contacts, please visit the Sabah Tourism Website.







THEME: CHANGING AND THRIVING TOWARDS
A BETTER FUTURE

#### **OBJECTIVES**

- 1. To enhance exchange of evidence-based knowledge on the quality of life of society
- 2. To form a platform for dialogue among international bodies involved in the betterment of quality of life.

#### **GUEST SPEAKERS**

- Professor Liz Eckermann holds the Personal Chair of Medical Sociology at Deakin University of Australia. She is currently the President Elect of The International Society for Quality of Life (ISQOLS).
- Professor Robert Cummins is one of the most eminent experts in the world in the field of Quality of Life (QOL). He is an Honorary Professor of Psychology at Deakin University in Australia.
- 3. **Dr Hume Field** was head of the Queensland Center for Emerging Infectious Diseases in Australia until 2013, and is now working with EcoHealth Alliance as a Science and Policy Advisor for both China and Southeast Asia regions.
- Dr Jonathan Epstein holds adjunct faculty positions at Columbia University's Mailman School of Public Health and the Department of Ecology, Evolution, and Environmental Biology.

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### **ABSTRACT SUBMISSION DEADLINE:**

**31ST OCTOBER 2017** 

NOTIFICATION OF ACCEPTANCE: 18TH NOVEMBER 2017

#### **ABSTRACT TRACKS**

#### **Mental Health and Substance use**

Mental health is defined by the WHO as a state of well-being in which every individual realizes his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community. This tract will cover themes such as mental health; mental disorders; substance use and alcohol; psychological stress; mental health services and access to care; stigma, discrimination and social exclusion; impact on employment and economic; impact on children and families; and traditional and religious approaches to mental health.

#### Health

Health is not only being free from illness. Nutrition, physical fitness and sports can also play a significant role in overall health and wellbeing. Quality of Life is linked closely to health status and interpretations or perceptions of health. The Track themes concerning Health can include: illness and recovery; impact of illness on family and friends; treatment approaches; definitions of health, illness and recovery from illness; alternative approaches to health care and wellbeing; the impact of health on quality of life for self and others; chronic and terminal illness; socio- economic impacts and access to health care; health in childhood, youth and adulthood; health and quality of life in aging; indigenous health; rural and remote health; and other themes relating to health and quality of life.

#### **Economics, Work and Occupation**

Quality of life is undeniably influenced by economics, career choice and the employment relationship. The nature of the job and of the organisation dictates how individuals react, manage and sustain the work portion of their lives. How can employers learn to enhance the QoL for their human capital? This track concerns studies which link QoL to any of the following: stress at work, organisational commitment, job satisfaction, work-life balance, job performance, turnover intention, debt, financial security, flexible work schedules, role of technology, health and safety, and career choice. This track welcomes other meaningful studies which provide insights into the relationship between QoL and economics, work and occupation.

#### Environment

The earth's environment sustains and supports all extant living beings. However, it continues to be threatened by rampant anthropogenic activities. Environmental factors indirectly affect other quality of life aspects, including economic prosperity and inequality. Environment is a complex combination of physical, chemical, and biotic factors that act upon an organism or community and dictates survival. This track concerns environment and quality of life including: environmental economics, ethnography, forestry sciences and the forestry community, and applications of environmental sciences in quality of life. This track also includes all environmental studies in relation with quality of life.

#### **Culture & Society**

What are the culturally-based views of people concerning quality of life, well-being and happiness? And how do different communities try to maintain or enhance these? Themes concerning Culture and Society include: ethnographic studies of indigenous peoples, traditional worldviews and belief systems, music and dance, ritual practices and sacred spaces, languages, literature and heritage language literacy, traditional knowledge, traditional medicine and medical practices, ethnobotanical studies, sociocultural studies of fertility, gender and well-being, social impact assessments, migration, disease and population studies, sociocultural change, and other themes concerning quality of life in terms of culture and society.

\* Any other relevant topics related to Quality of Life (QOL) are welcomed