



## **BLOOD DONATION CAMPAIGN IN CONJUNCTION WITH THE WORLD BLOOD DONOR DAY 2018**

### **Why donate blood?**

We donate blood to save life of that accident victim, pregnant women and the poor child who needs blood to survive.

**Location:** Auditorium Pusat Pengajian Pascasiswazah,  
Universiti Malaysia Sabah, Jalan UMS, 88400 Kota  
Kinabalu, Sabah.

**Date:** 9 October 2018

**Time:** 8:00 am – 5:00 pm

**Contact person:** Selverinus Alex (0168053350)



**What are the benefits of  
donating blood?**

**Reduces the chance of heart  
diseases**

**Enhance the production of  
your new Red Blood Cells**

**Prevent hemochromatosis  
(iron overloaded in the body)**

**Anti-cancer benefits**

**Weight loss**

**Burn your calories**

**SABAH OCCUPATIONAL  
SAFETY, HEALTH AND  
ENVIRONMENT  
ASSOCIATION**

**(SOSHEA)**

**PPM-002-12-04052016**