

**HEALTH EXAMINATION
GUIDELINES FOR ENTRY INTO
MALAYSIAN HIGHER EDUCATIONAL INSTITUTIONS**

1. PLEASE READ THE INSTRUCTIONS CAREFULLY BEFORE FILLING IN THE FORM.
2. PLEASE FILL IN THE FORM IN **ENGLISH** LANGUAGE.
3. PLEASE WRITE IN **CAPITAL LETTERS**.
4. THIS FORM HAS **4 SECTIONS**:
 - (a) SECTION 1 (PART A AND B) TO BE FILLED BY THE APPLICANT; AND
 - (b) SECTION 2, 3 AND 4 TO BE FILLED BY THE EXAMINING DOCTOR
5. PLEASE COMPLETE ALL THE TESTS REQUIRED IN THIS FORM.
6. THE UNIVERSITY / COLLEGE ONLY ACCEPTS MEDICAL EXAMINATION DONE WITHIN **60 DAYS** BEFORE REGISTRATION OR WITHIN **30 DAYS** AFTER REGISTRATION.
7. PLEASE ATTACH ALL THE **ORIGINAL** LABORATORY RESULTS.
8. PLEASE BRING ALONG **CHEST X-RAY FILM AND REPORT** FOR REGISTRATION.
9. PLEASE ENSURE THE X-RAY FILM IS **LABELLED** WITH YOUR NAME AND DATE TAKEN (IN ENGLISH).
10. CHEST X-RAY DONE WITHIN **6 MONTHS PRIOR** TO REGISTRATION CAN BE ACCEPTED.
11. THE UNIVERSITY/ COLLEGE RESERVES THE RIGHT TO **REPEAT** FULL MEDICAL CHECK-UP OR ANY SPECIFIC LABORATORY TESTS SHOULD THERE BE ANY DOUBT IN THE MEDICAL REPORT SUBMITTED. ALL COSTS INVOLVED SHALL BE BORNE BY THE CANDIDATES.
12. THE UNIVERSITY/ COLLEGE RESERVE THE RIGHT TO **REJECT** ANY APPLICATION:
 - (a) BASED ON THE RESULTS OF THE HEALTH EXAMINATION; OR
 - (b) SHOULD THERE BE ANY EVIDENCE THAT THE APPLICANT HAS GIVEN FALSE INFORMATION IN THE HEALTH EXAMINATION REPORT OR ANY SUPPORTING DOCUMENTS.

SECTION 1

(PART B) – Please tick (√) in the relevant box

Declaration of self and family illness. Explain in full if you or your family has any of the following illnesses.

* Immediate family refers to father, mother, brothers / sisters

| MEDICAL PROBLEMS | SELF | | IMMEDIATE FAMILY | | If “Yes” please state. |
|---|------|----|------------------|----|------------------------|
| | Yes | No | Yes | No | |
| 1. Congenital or inherited disorder | | | | | |
| 2. Allergy | | | | | |
| 3. Mental illness | | | | | |
| 4. Fits, stroke, other neurological disease | | | | | |
| 5. Diabetes Mellitus | | | | | |
| 6. Hypertension | | | | | |
| 7. Heart or vascular disease | | | | | |
| 8. Asthma | | | | | |
| 9. Thyroid disease | | | | | |
| 10. Kidney disease | | | | | |
| 11. Cancer | | | | | |
| 12. Tuberculosis | | | | | |
| 13. Drug addiction | | | | | |
| 14. AIDS, HIV | | | | | |
| 15. History of surgery | | | | | |
| 16. Other illnesses | | | | | |

Current medication (Long term)

| IMMUNIZATION HISTORY (where applicable) | DATE IMMUNIZED | | | | |
|--|----------------|--|--|--|--|
| 1. Yellow Fever | | | | | |
| 2. BCG | | | | | |
| 3. Meningitis (Quadrivalent) | | | | | |
| 4. Hepatitis B | | | | | |
| 5. Others: | | | | | |

I hereby certify that the information given above is true. I understand that my application will be rejected if there is any false information given.

Date

Signature of candidate

SECTION 2 - PHYSICAL EXAMINATION

To be filled by examining doctor

| 1. BASIC MEASUREMENT | |
|--|---|
| HEIGHT : _____m | BLOOD PRESSURE : _____mmHg |
| WEIGHT : _____kg | PULSE RATE : _____/ min |
| VISION TEST : Unaided : (R) _____(L) _____ Aided : (R) _____(L) _____ | COLOUR VISION TEST : NORMAL / ABNORMAL |

| 2. GENERAL EXAMINATION | | | |
|------------------------|-----|----|---------|
| ITEM | YES | NO | COMMENT |
| a. DEFORMITIES | | | |
| b. PALLOR | | | |
| c. CYANOSIS | | | |
| d. JAUNDICE | | | |
| e. OEDEMA | | | |
| f. SKIN DISEASES | | | |

| 3. SYSTEMIC EXAMINATION | | | |
|--------------------------------|--------|----------|---------|
| ITEM | NORMAL | ABNORMAL | COMMENT |
| a. EYES (including funduscopy) | | | |
| b. EARS | | | |
| c. NOSE | | | |
| d. ORAL CAVITY / THROAT | | | |
| e. NECK | | | |
| f. HEART | | | |
| g. LUNGS | | | |
| h. ABDOMEN / HERNIA ORIFICES | | | |
| i. NERVOUS SYSTEM | | | |
| j. MENTAL CONDITION | | | |
| k. MUSCULOSKELETAL SYSTEM | | | |

SECTION 3 - INVESTIGATIONS

| URINE TEST | | |
|--------------------------------|-------------------|---------------|
| ITEM | DATE TAKEN | RESULT |
| a. ALBUMIN | | |
| b. SUGAR | | |
| c. MICROSCOPIC | | |
| d. MORPHINE | | |
| e. CANNABIS | | |
| f. AMPHETAMINES TYPE STIMULANT | | |

| BLOOD TEST | | |
|-------------------------|-------------------|---------------|
| ITEM | DATE TAKEN | RESULT |
| a. HEPATITIS Bs ANTIGEN | | |
| b. HEPATITIS C | | |
| c. HIV | | |
| d. VDRL / TPHA | | |
| e. MALARIAL PARASITE | | |

| CHEST X-RAY INFORMATION | |
|--------------------------------|--|
| CHEST X-RAY NO. | |
| DATE TAKEN | |
| PLACE TAKEN | |
| REPORT | |
| | |
| | |

SECTION 4 - CERTIFICATION BY THE EXAMINING DOCTOR

Please tick (√) in the appropriate box

I certify that I have on this date _____ examined

Mr. / Ms _____ Passport No _____

and found him / her:-

IN GOOD HEALTH

HAVING THE FOLLOWING MEDICAL COMPLICATION(S) (Please State)

UNDERGOING TREATMENT FOR: (Please State)

Date _____

Signature of Doctor : _____

Name of Doctor : _____

Qualification : _____

Hospital / Clinic : _____

Registration Number

Official stamp : _____

Remarks By University/College Official: